Bose-Einstein Condensation and Spontaneous Symmetry Breaking

Marcin Napiórkowski

University of Warsaw

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joint work with A. Deuchert (Virginia Tech) and P.T. Nam (Munich)

Bose-Einstein Condensation

- 1924 Bose and Einstein discover a completely new type of phase transition in an ideal quantum gas.
- Macroscopic occupation of a common quantum state at low temperatures.
- Related large scale quantum effects: superfluidity, quantized vortices.
- Experimental realization by Cornell, Wieman and Ketterle 1995.
- 2001 Nobel Prize in Physics.



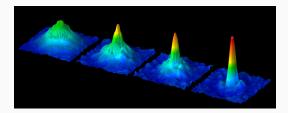
Crash course on BEC

- Consider an ideal gas of N bosons at T > 0 in a box with p.b.c.
- Bose-Einstein distribution:

$$\gamma^{\mathrm{id}}(p) = rac{1}{\exp((p^2-\mu_0)/T)-1}$$

describes the expected number of particles with momentum p

- on the other hand $\sum_p \gamma^{\mathrm{id}}(p) = N$ (fixed by the chemical potential)
- for every p
 eq 0 and $\mu_0 < 0$ we have $\gamma^{\mathrm{id}}(p)
 ightarrow 0$ as T
 ightarrow 0



BEC phase transition

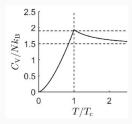
• in the thermodynamic limit, i.e. $N, V \rightarrow \infty, N/V = \rho = const$

$$\rho = \frac{1}{V} \sum_{p} \gamma^{\mathrm{id}}(p) \xrightarrow[V \to \infty]{} \int \gamma^{\mathrm{id}}(p) dp \leq \int \gamma^{\mathrm{id}}(p) \Big|_{\mu_0 = 0} dp =: \rho_{cr}(T)$$

- thus $\rho \leq \rho_{cr}(T) \xrightarrow[T \to 0]{} 0$. What is wrong?
- Below critical temperature macroscopic occupation of p = 0 mode:

$$\gamma^{\mathrm{id}}(0) = rac{1}{\exp(-eta \mu_0) - 1} \sim O(N)$$

Second order phase transition



Some abstract nonsense...

- What about interacting systems?
- in quantum statistical mechanics the equilibrium is described by Gibbs state

$$G_N = rac{e^{-eta \mathcal{H}_N}}{\operatorname{Tr}_{\mathfrak{h}^N} e^{-eta \mathcal{H}_N}}$$

- \mathcal{H}_N *N*-body Hamiltonian, \mathfrak{h}^N *N*-body Hilbert space
- expectation values

$$\langle A \rangle = \operatorname{Tr}(AG_N)$$

- Bose-Einstein distribution is just (a^{*}_pa_p) for the ideal gas...
- ...which is just the diagonal of the one-body density matrix

$$\gamma_{G_N}^{(1)} = \mathsf{Tr}_{2 \to N}[G_N]$$

Definition

A sequence of states G_N displays **Bose–Einstein condensation** iff

$$\liminf_{N \to \infty} \sup_{\|\psi\|_2 = 1} \frac{\langle \psi, \gamma_{G_N}^{(1)} \psi \rangle}{N} > 0$$

Interacting systems

Many-body Hamiltonian (again, box with p.b.c)

$$\mathcal{H}_N = \sum_{i=1}^N -\Delta_i + \sum_{1 \leq i < j \leq N} v(x_i - x_j)$$

Proving BEC in the thermodynamic limit remains open problem!

- even in the ground state!
- simpler models: mean-field (MF) scaling: fixed size of box

$$\mathcal{H}_N = \sum_{i=1}^N -\Delta_i + rac{1}{N} \sum_{1 \leqslant i < j \leqslant N} v(x_i - x_j)$$

BEC proven in MF: T = 0 Lieb, Seiringer 2002, T > 0
 Deuchert, Seiringer 2020

There is SSB if a symmetry of the Hamiltonian (or Lagrangian) of a system is not present in the state under consideration (usually a ground state or a thermal equilibrium state).

- Crucial concept in Quantum Field Theory (Nambu, Goldsotne, Higgs...) and Statistical Physics (Anderson, Mermin, Wagner, Hohenberg, ...).
- **Paradigm** of statistical physics:

Phase transitions are accompanied by SSB.

- Simple example to keep in mind: magnetization below Curie point.
- Hard to prove! Limited results: Dyson, Lieb, Simon, Fröhlich, Spencer, Bałaban, ... (all for lattice models)

- *U*(1) symmetry of the Bose gas due to **particle number conservation**.
- second quantized Hamiltonian (momentum basis)

$$\mathcal{H} = \sum_{p \in \Lambda^*} p^2 a_p^* a_p + \frac{1}{2N} \sum_{p,u,v \in \Lambda^*} \hat{v}(p) a_{u+p}^* a_{v-p}^* a_u a_v$$

invariant under the transformation

$$a_p \mapsto e^{i\tau} a_p, \qquad \forall p$$

- Consequently, its Gibbs state has a definite number of particles.
- We proof that in the limit N → ∞ mean-field limit this gauge invariance is spontaneously broken:

$$\langle a_0 \rangle_{q-a} \neq 0$$

Bogoliubov quasi-averages

Bogoliubov 1961 introduces **quasi-averages** which provide a mathematical scheme how to describe SSB in statistical mechanics:

1. couple the Hamiltonian with a symmetry breaking term

$$\mathcal{H}^{\lambda} = \mathcal{H} + \lambda \sqrt{N} (a_0^* + a_0)$$

2. consider the expectation values in the perturbed Hamiltonian

$$\langle A \rangle_{\lambda} = \operatorname{Tr}(AG^{\lambda})$$

where

$$G^{\lambda} = \frac{e^{-\beta(\mathcal{H}^{\lambda} - \mu_{N}\mathcal{N})}}{\operatorname{Tr} e^{-\beta(\mathcal{H}^{\lambda} - \mu_{N}\mathcal{N})}}$$

3. a quasi-average of the observable A is then

$$\langle A \rangle_{q-a} := \lim_{\lambda \to 0} \lim_{N \to \infty} \langle A \rangle_{\lambda}$$

A rigorous result...

- We consider the mean-field Hamiltonian with a repulsive two-body interaction satisfying some regularity conditions.
- We set the chemical potential μ_N such that

$$\operatorname{Tr}[\mathcal{N}G^0] = N$$

N₀(β, N) - number of particles in the p = 0 mode in the ideal gas

Theorem (Deuchert, Nam, N. 2024) Let $\beta = \kappa \beta_c$ with β_c the critical temperature of the ideal gas. Let $\kappa \in \mathbb{R}_+$. Then we have

$$\lim_{\lambda \to 0} \lim_{N \to \infty} \frac{|\operatorname{Tr}[a_0 G^{\lambda}]|}{N^{1/2}} = \lim_{N \to \infty} \sqrt{\frac{N_0(\beta, N)}{N}} = \sqrt{\left[1 - \frac{1}{\kappa^{3/2}}\right]_+}.$$

Relation between SSB and BEC

- as mentioned earlier proof of BEC in the thermodynamic limit remains open;
- quasi-averages scheme the same, but limit $V \to \infty$;
- Lieb, Seiringer, Yngvason 2005, Süto 2005 proved that

$$\mathsf{BEC}^{\mathsf{TL}} \implies (\mathsf{BEC})_{q-a}^{\mathsf{TL}} \iff SSB^{\mathsf{TL}}$$

for the mean-field model we prove full equivalence

Theorem (Deuchert, Nam, N. 2024) $\lim_{N \to \infty} \frac{\text{Tr}[a_0^* a_0 G^0]}{N} = \left[1 - \frac{1}{\kappa^{3/2}}\right]_+ = \lim_{\lambda \to 0} \lim_{N \to \infty} \frac{|\text{Tr}[a_0 G^{\lambda}]|}{N^{1/2}}$ $\text{BEC}^{MF} \iff (\text{BEC})_{q-a}^{MF} \iff SSB^{MF}$

Conclusions:

- BEC phase transition is accompanied by U(1) symmetry breaking;
- we prove this fact for the mean-field Bose gas;
- we prove BEC and SSB are equivalent.

Outlook

- superfluidity, i.e. (a_pa_{-p});
- relation between superfluidity and BEC;
- thermodynamic limit :)

Thank you for your attention!